

## Endurance Events

### Individual Pursuit

- 2 riders each time
- Start riding against the clock from the pursuit lines on the opposite sides of the track
- The first 4 fastest riders will enter the finals, chasing against each other in the groups of the 1st vs 2nd and the 3rd vs 4th
- The winner is determined by either catching the other rider or recording the fastest time.
- **Race distance**  
Men - 4 km  
Junior Men - 3 km  
Women - 3 km  
Women's Junior 2 km



### Madison

- Also known as the "American race"
- Each team is made up of 2 riders
- Change over to the leading rider through physical contact (mostly by hand touching)
- The ranking is determined on accrued points
- The points scale is the same as that of point race.
- **Race distance**  
Men - 50 km, Women - 30 km  
Men's Junior - 30 km  
Women's Junior - 20 km

### Scratch Race

- The fastest rider to complete the distance or gain laps will win
- The winner will be determined by the number of laps gained. Should there be riders gaining the same number, the one who crosses the finishing line first will win.
- **Race distance**  
Men - 15 km  
Men's Junior - 10 km  
Women - 10 km  
Women's Junior - 7.5 km

### Points Race

- Intermediate sprint points (5, 3, 2 and 1 point(s)) are available in the race
- A rider will either win or lose 20 points if he/she catches up with the peloton or is caught up by them
- The rider scoring the highest points in a race will win
- **Race distance**  
**World Championship**  
Men - 40 km  
Men's Junior Final - 25 km  
Women - 25 km  
Women's Junior Final - 20 km  
An intermediate sprint is held every ten laps (restricted to 250 m track)

### Other races

- Men - 30 km
- Men's Junior Final - 15 km
- Women - 20 km
- Women's Junior Final - 10 km

### Team Pursuit

- 4 riders are grouped to form a team. All of them may swap their positions to lead the ride
- The rules are the same as those for the individual pursuit
- Results are determined by the time taken from the front wheel of the 3rd rider of each team crossing the finishing line
- **Race distance**  
4 km for both Men's and Women's Teams

## Combined Event

### Omnium

- A rider has to complete 4 events within one day in the order of Scratch Race (10 km for Men, 7.5 km for Women, 7.5 km for Men's Junior and 5 km for Women's Junior), Tempo Race (10 km for Men, 7.5 km for Women, 7.5 km for Men's Junior and 5 km for Women's Junior), Elimination Race and Points Race (25 km for Men, 20 km for Women, 20 km for Men's Junior and 15 km for Women's Junior)
- During the Tempo Race, intermediate sprints are conducted every lap after the first 4 laps. Upon completion of the first 4 laps, a judge will ring the bell to indicate the start of the first sprint lap
- The winner of each sprint lap will be awarded 1 point. Riders also gain 20 points for lapping the peloton in the final sprint lap
- A rider if caught up by the peloton will lose 20 points.
- For the first 3 events, 40 points will go to the winner, 38 points to the 2nd place, 36 points to the 3rd place and so on
- Points gained from the Points Race are directly added to the total score and the rider who has accumulated the highest points will win. Thus, the Points Race is critical for the final places of riders.

## Our World Champions



Sarah LEE

- Champion of Women's Keirin and Sprint at 2019 UCI Track Cycling World Championships
- Champion of the Elite Women's 500 m Time Trial Race at the 2013 UCI Track Cycling World Championships
- 2nd runner-up of the Women's Keirin at the London 2012 Olympic Games



Marco KWOK

- Champion of the Men's Points Race at the 2012 UCI Juniors Track Cycling World Championships



LEUNG Chun-wing

- Champion of the Scratch Race at the 2011 UCI Track Cycling World Championships



WONG Kam-po

- Champion of the Scratch Race at the 2007 UCI Track Cycling World Championships
- The first Hong Kong cyclist awarded the Rainbow Jersey

## The Champion's Rainbow Jersey

The rainbow jersey is the distinctive sportswear worn by the world champion in a bicycle racing discipline. The jersey helps spectators spot the world champion and makes the title holder more noticeable to other competitors. A world champion must keep wearing his/her rainbow jersey when competing in the same discipline, under the same category and with the same specialty bike at the time the title was won until the race day of the next world championships.



# 場地單車

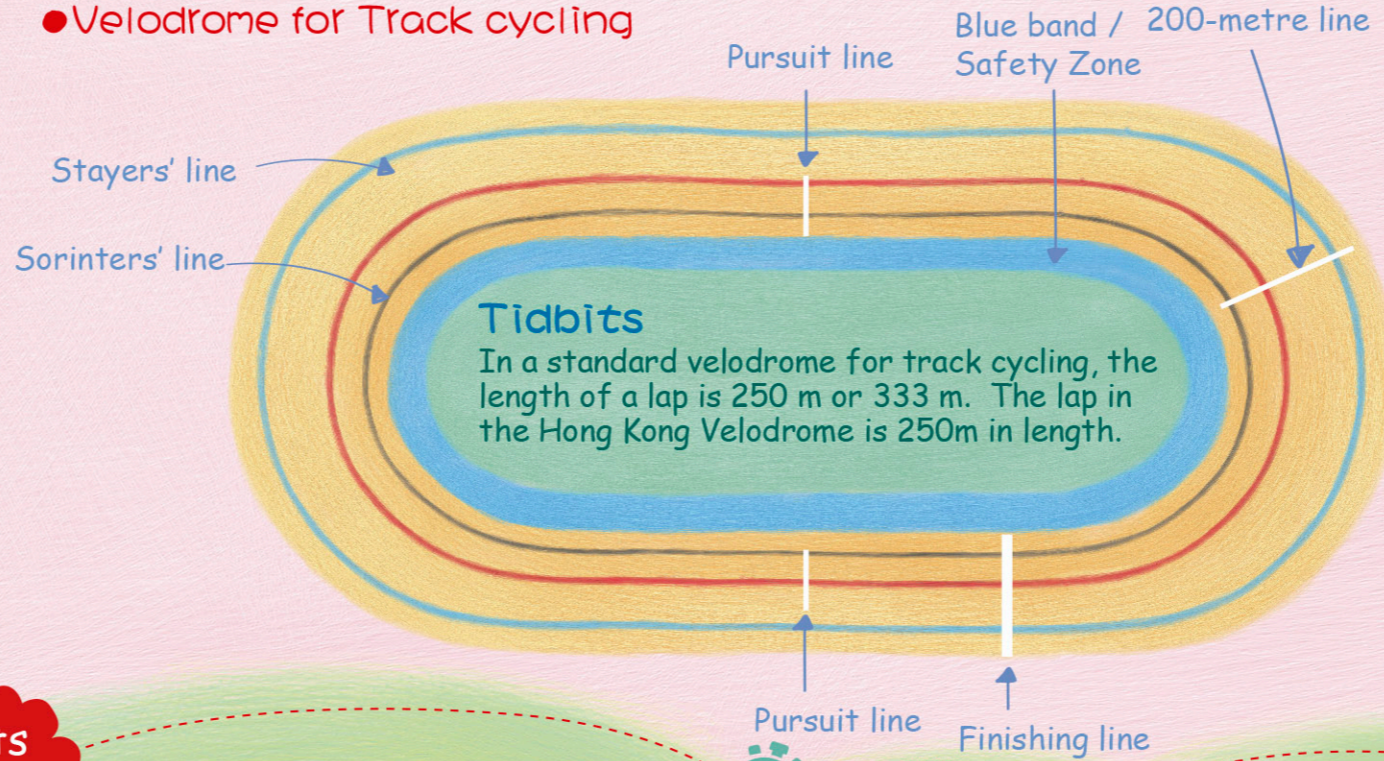
Track Cycling

## Track Cycling Features

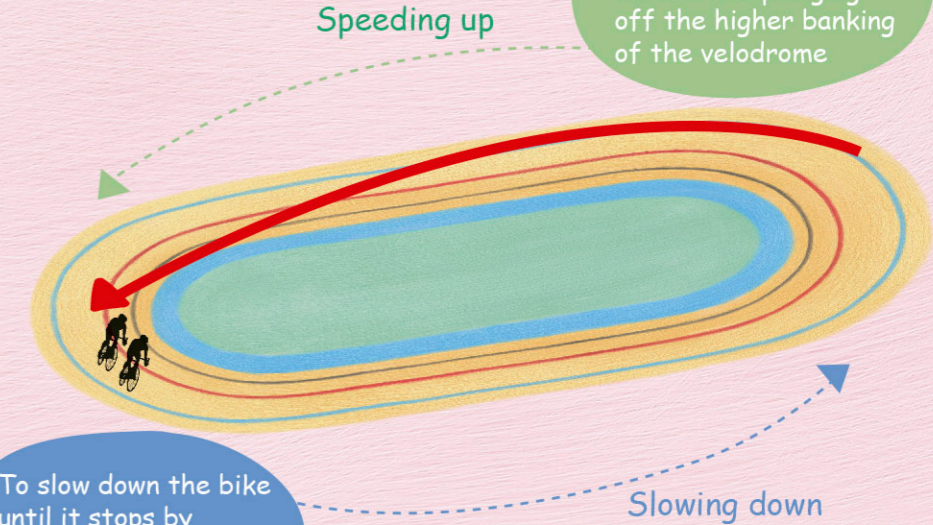
Hong Kong track cyclists achieved remarkable results in international events. Do you know what track cycling is? Let me tell you.



## ● Velodrome for Track cycling



## ● The route for speeding up



## ● Introduction to a Track Bike



## ● Sprint Events

### Description of Events

#### Individual Time Trial

- 1 rider sets off on the pursuit line
- **Race distance**  
Men - 1 km  
Women - 500 m
- The fastest rider will be declared the winner

#### Sprint

- The most classic short distance track cycling event

#### Qualifying race

- Individual riders are timed over the 200 m distance and seeded according to their recorded times
- The fastest qualifiers will enter the elimination race in groups according to their seedings

#### Elimination race in groups

- The 16 fastest riders will compete in the 1/8 and 1/4 finals
- Best of three heats wins the match up from quarter final
- They can apply various tactics to obstruct their opponents from overtaking on the track
- When it comes to the last 200 m, riders are not allowed to obstruct their opponents at a wide angle
- The result is determined by the order of riders crossing the finishing line

#### Keirin

- Riders set off on the pursuit line
- A derny motorcycle leads the field for 750m then gradually increases the speed of the race to 30-50 km/h before pulling off the track
- Riders are left by the derny motorcycle at the last 3 laps to race in a flat-out sprint and the first one crossing the finishing line will be the winner

#### Team Sprint

- 2 opposing teams start riding against the clock from the pursuit lines on the opposite sides of the track
- Riders of the top 8 teams who record the fastest time will enter the preliminary round, chasing against each other in the groups of the 4th vs 5th, 3rd vs 6th, 2nd vs 7th and 1st vs 8th, and the fastest team of each group will win
- Each rider can lead the ride for only one lap and has to peel off once completed, and the race will continue until the last rider has finished his/her lap
- The winning teams in the preliminary round will then progress into a knockout round against each other. The two teams with the best time will compete for the gold and silver medals, while the next two compete for the bronze medal
- **Race distance**  
Men's Team - 3 riders over 3 laps  
Women's team - 2 riders over 2 laps